

Elemental Psychedelics

Practicum 2026 Program Overview

The purpose of Elemental's practicum is to provide students supervised practice opportunities to experience, observe, and/or co-facilitate natural medicines sessions in a safe and supportive learning environment. Supervised practice is designed to support students' integration of knowledge, values, skills, and practice behaviors within the framework of safe and ethical natural medicine facilitation within students' scope of anticipated licensure.

Elemental's supervised practice opportunities will be completed in-person at three single-day intensives, for a total of 30 hours of in-person practicum focused on administration sessions. Each daylong intensive provides 10 hours of practice as a co-facilitator or an opportunity for self-administration. Note that up to 10 hours of practicum can include self-administration of natural medicine. The remaining 10 hours of practicum will be completed virtually with a practicum supervisor. Virtual practicum sessions will include supervised practice of preparation and integration sessions and case consultation. The in-person components of practicum take place at Reflective Healing (a licensed micro healing center, **NMHC-00008**) in Fort Collins, CO.

Practicum Fall 2026 Dates

October Practicum Dates – 9 students

Sep 22 – Orientation (virtual, 11:00am–1:30pm)
Sep 29 – Preparation (virtual, 11:00am–1:30pm)
Oct 2, 3, 4 – In-person (9:00am–7:00pm each day)
Oct 6 – Integration (virtual, 11:00am–1:30pm)
Oct 13 – Integration & Closing (virtual, 11:00am–1:00pm)
Week of Oct 19 – Schedule a 25-minute 1:1 supervision meeting

November Practicum Dates – 9 students

Oct 27 – Orientation (virtual, 11:00am–1:30pm)
Nov 3 – Preparation (virtual, 11:00am–1:30pm)
Nov 6, 7, 8 – In-person (9:00am–7:00pm each day)
Nov 10 – Integration (virtual, 11:00am–1:30pm)
Nov 17 – Integration & Closing (virtual, 11:00am–1:00pm)
Week of Nov 23 – Schedule a 25-minute 1:1 supervision meeting

December Practicum Dates – 9 students

Nov 24 – Orientation (virtual, 11:00am–1:30pm)
Dec 1 – Preparation (virtual, 11:00am–1:30pm)
Dec 4, 5, 6 – In-person (9:00am–7:00pm each day)
Dec 8 – Integration (virtual, 11:00am–1:30pm)
Dec 15 – Integration & Closing (virtual, 11:00am–1:00pm)
Week of Dec 21 – Schedule a 25-minute 1:1 supervision meeting

Safety Assessment Screening

Any student directly experiencing natural medicine as part of their practicum must be treated as a natural medicine participant and must undergo safety assessment screening. Practicum students will complete a safety assessment screening prior to the start of practicum and the practicum supervisor will review it. If risks are identified, the practicum supervisor will schedule a screening consultation call with the student to discuss risks and develop a safety plan.

Virtual Sessions Outline

Preparation Sessions

Virtual calls before the in-person intensive are aimed at helping each student triad prepare for their journey time together. Students will have the opportunity to gain supervised practice for setting intentions and appropriate expectations, touch agreements, informed consent, required documentation, use of music, and preparation tools (meditation, time spent in nature, journaling, movement, diet, media consumption, books and podcasts, etc).

Integration and Process Sessions

In virtual integration sessions, trainees are practicing their integration support skills with supervision. Supporting their journeyer, co-facilitators are helping their journeyer arrive at one or more takeaways from their journey and helping them find practices and activities that support this wisdom settling into their minds. The facilitator should be prepared to practice listening, mirroring, and asking curious non-leading questions, help the journeyer understand what and how integration works, what the purpose of integration sessions is, and how they can engage in the active process of integrating their experience for weeks, months or years to come. Skills and suggestions should be practiced and discussed for ongoing integration, how to know who and when to share your journey, and how to continue to access support.

During process sessions, co-facilitators and journeyers will receive support in exploring what went well during administration sessions, what moments or skills from the administration sessions feel like they need attention, and the level and quality of attunement felt by the journeyer from the facilitator. Peer feedback should also encompass any preparation or integration sessions that have been conducted. In process sessions, the aim is for both co-facilitators and journeyers to be able to articulate with some specificity their strengths and areas of continued growth and consultation as they move towards a real-world practice environment.

Student Practicum Goals

Trainees are required to develop personal practicum goals that includes their specific goals for skill development through the practicum experience and a plan of action to achieve these stated goals. Students should integrate into their stated goals any feedback they have received about

their demonstrated competencies from their 150 hour training program. Students may not enter practicum until they have completed a practicum plan that has been approved by the Elemental Practicum Supervisor. Throughout practicum, students should demonstrate and track progress towards their stated goals.

Practicum Details and Supporting Documentation

Upon admission to practicum, trainees will receive and complete a practicum packet that includes documents necessary to complete practicum. These documents are available on the course page through Thinkific. Students will receive login information prior to the beginning of practicum.

Locations: Elemental practicum will take place in Fort Collins, Colorado at the licensed micro healing center, Reflective Healing, 605 South College Avenue 80524 (NM Healing Center - NMHC-00008).

Overnight stays are not required, though for convenience, students may choose to arrange their own overnight stays in nearby Old Town. On self-administration days, students must arrange transportation to their overnight stay; no student is allowed to drive or operate any kind of motorized vehicle at the end of their self-administration day.

Supervision: Shannon Hughes, Program Director and Practicum Supervisor for Elemental shannon@elementalpsychedelics.com. Distinguished Educator License NMDE.0000003

Natural Medicine: Natural medicine for Elemental's practicum will be supplied by Mosaic or another licensed natural medicine cultivator or manufacturer in Colorado.

Tuition: For Elemental trainees, practicum tuition is **\$2,200** for 2026 practicums. This includes 30 hours of supervised in-person administration sessions over 3 days plus 10 hours of virtual supervised practice.

Payment and Refund Policies: Students are asked to confirm their space for a practicum date by submitting a **non-refundable \$400 deposit**. Spaces are limited for each practicum date and availability is not guaranteed. Remaining practicum tuition is due in full 3 weeks before the start of practicum. No refunds on the remaining tuition are available within 3 weeks of the start of practicum.

Date Change Policy: Up to 30 days before the start of practicum, students may request to change their practicum date to another date within the same semester (i.e., Spring, Summer, and Fall practicum semesters). Date changes will be approved based on availability. The practicum deposit and tuition are only transferable to practicum dates within the same semester.

No date changes are possible within 30 days of the start of the practicum date a student is signed up for.

Deposits and tuition paid for a confirmed practicum in one semester (e.g., Summer) will not transfer to a later semester (e.g., Fall). Students wishing to defer a confirmed practicum to another semester will be responsible for non-refundable fees incurred for both semesters. Students are highly encouraged to only submit a deposit within the practicum semester that they are certain they will join.

Questions: Email Becca Schillaci, Admin Assistant for Elemental
admin@elementalpsychedelics.com